



anne clark

Living a Healthy, Vibrant Life!

Australia's First Raw Food Author
Author • Speaker
• Wellness Advocate



Create n' Make "What you Need" list

Essential Oils

Lemon

On Guard

Lavender Peace

Wild Orange

Ylang Ylang

Vetiver

Wintergreen

Ice Blue

Ginger

Eucalyptus

Cedarwood

Lavender

Aroma Touch

Copaiba

Tea Tree

Lime

Liquids

Purified Water

Fractionated Coconut Oil

White Vinegar

Equipment

230ml Glass Spray Bottle

100ml Glass Spray Bottle x 2

10ml Roller Bottler x 2

Pipette

Funnel

Lint Free Cloth (to use with the Screen Cleaner)

Paper Towels

